

2023 Fox-Rok A.A. Summer Basketball League Rules for Ages 8 through 12

1. NCAA Rules, no player enters the lane on a foul shot until the ball hits the rim.
 2. Games will consist of four (4) periods of ten (10) minutes apiece. There will be a running clock until the last two (2) minutes of game. The clock will stop on injury and timeouts.
 3. Starters will play the first five (5) minutes of each period then be replaced by the players who were on the bench will play the rest of the quarter for the first three quarters. The last quarter of the game there will be free substitution, but everyone is still expected to play. The only exceptions are if a player fouls out, is injured, or needs to be removed from the game for excessive fatigue. If a player needs to leave the game, he will sit the remainder of that period due to safety concerns,
 4. Overtime: Regular season games will not have an overtime period. If a game is tied at the end of regulation, the game will end in a tie. Playoff season will have three (3) minute overtime periods. Teams may only press with less than two (2) minutes in the game and OT. One (1) time out will be added in overtime.
 5. If the opposing team is short players, give up some of your players. Play all the games. This does not apply to playoff games. Five (5) players are required to start all playoff games.
 6. Defense can be played once the ball crosses:
 - Can be played immediately on an attempted fast break after a turnover.
 - The 3-point arc for 8-10s (and can continue to play if the ball is brought back outside
 - Half court for the 11-12s
 7. Fouls: Player will foul out on the fifth (5th) foul. One (1) and one (1) will be shot on the seventh (7th) team foul. Two (2) shots on the tenth (10th) team foul.
 8. No full court press until the final two (2) minutes of the game or overtime. No pressing with a 15-point lead.
 9. Four (4) timeouts per game.
- Any questions should be addressed to the Director of Summer Basketball.